Steps to help you follow along during today's session in
*PH 290: Evidence Based Interventions for Community Health*, February 2, 2017
Michael Sholinbeck, UC Berkeley Sheldon Margen Public Health Library

---

**START HERE:** guides.lib.berkeley.edu/publichealth/ph290

---

**State and County QuickFacts – [www.census.gov/quickfacts](http://www.census.gov/quickfacts)**

- Enter CITY: Richmond city, California
- Note comparison to United States and scroll through results
- Click link: RICHMOND CITY CALIFORNIA at top of column
- Click Social Characteristics
- Note years on left; default is most recent available
- Scroll through page
  - Why might we care about *speak English less than “very well”*?
- Close tab and click Housing Characteristics
  - Why would we care *year structure built*?
  - Why might we care about *gross rent as a % of household income*?
- Close tab and click Economic Characteristics
  - Why might we care about *no health insurance coverage*?

---


- Click Race
- Type: South Dakota and hit your enter key
- On the map, click on the state of South Dakota. A box should appear with population by race
  - Note: AIAN = American Indian/Alaskan Native
  - NHPI = Native Hawaiian/Pacific Islander
- Click Zoom In; the level of geography has changed to show counties
- Click on any county; a box will appear like above, but for this county alone
- Click Zoom In again; now the map shows only areas with population.
- Click on any of the cities/towns that appear to see the familiar box.
- Clicking Zoom In again will lead you to smaller geographies
Steps to help you follow along during today’s session in

*PH 290: Evidence Based Interventions for Community Health*, February 2, 2017

Michael Sholinbeck, UC Berkeley Sheldon Margen Public Health Library

**National Health & Nutrition Examination Survey (NHANES):** [www.cdc.gov/nchs/nhanes.htm](http://www.cdc.gov/nchs/nhanes.htm)

- Click About NHANES on left
- Scroll down to see NHANES topics. If you click the link “Survey Contents 1999-2016” (PDF) you will see more topic details, including what years different topics were studied.
- Scroll up and click Questionnaires, Datasets, and Related Documentation
- Click “Search Continuous NHANES Variables” and type *breakfast* in the search box then click Search
- Scroll down to see the variables and years
- On left side, click 2011-2012
- Scroll down to *Data, Documentation, Codebooks, SAS Code* and click Questionnaire
- Click the link **DBQ_G Doc** next to Diet Behavior & Nutrition
- Scroll down a little and click **DBQ197 - Past 30 day milk product consumption**; note the answers on left
- Scroll down to see other questions and answers

**2020 Topics and Objectives (US DHHS):** [www.healthypeople.gov/2020/topics-objectives](http://www.healthypeople.gov/2020/topics-objectives)

- Scroll through list and select Mental Health and Mental Disorders
- Scroll through Overview page
- Click third tab: Interventions & Resources; there are 3 types of resources here: Evidence-Based Resources; Clinical Recommendations; Consumer Information
- Click second tab: Objectives
- Click to expand MHMD-1 Reduce the suicide rate
  - Note it’s an LHI and it’s been Revised. Click the Revised icon for more information
  - Notice baseline, Target and Target-Setting Method
  - Notice Data Source
  - Note Spotlight on Disparities: This will give you information on a disparity for this Objective (in this case, sex)
  - Note the other links here
- Click HP2020 data for this objective
- In the National Data drop-down menu, select any state
- Click View data by group; click View Chart to see a chart
Steps to help you follow along during today's session in
*PH 290: Evidence Based Interventions for Community Health*, February 2, 2017
Michael Sholinbeck, UC Berkeley Sheldon Margen Public Health Library

**County Health Rankings & Roadmaps: www.countyhealthrankings.org**

- Click California
- Select Alameda County
- Notice OVERALL RANK (within California) on left
- Also, rankings within subgroups on right side: 12 for length of life, 27 for quality of life, etc.
- Click TREND for physical inactivity, then close
- Click LINK physical inactivity – takes you to map of state
- Click DATA to list all counties
- Click DESCRIPTION for definition and context.
- Click DATA SOURCE for source and some methodology issues – how the numbers are calculated: sometimes via modeling.
- Click COMPARE COUNTIES – add a couple and scroll through the table

**Health Indicators Map Gallery: assessment.communitycommons.org/CHNA/MapGallery.aspx**

- SCROLL thru and PICK: Overcrowded Housing
- Enter a location: RICHMOND, CA
- Note Info on the data [click it to see...]
- Add ZIP or other boundary lines, if desired

**Alameda County Public Health Department Data & Reports: www.acphd.org/data-reports.aspx**

- Click Reports by Topic, scroll down, and select Social and Health Equity
- Click Persistent Poverty Story Map
- *It may take a moment to load...*
- Flip through arrow/tabs on left side. Data is presented by census tract